



THE CONSTANT SWITCH FROM ON-SITE TO ON-LINE

WHEN RECURRENT BRAKES BECOME THE DRIVER

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THE CONSTANT SWITCH FROM ON-SITE TO ON-LINE

PART I

WHAT DO FLEXIBILITY AND ADAPTABILITY REALLY MEAN?

PART II

WHAT ARE THE COMPONENTS OF 360 ADAPTABILITY?

PART III

HOW DID WE IMPLEMENT THEM?



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PART I

WHAT DO FLEXIBILITY AND ADAPTABILITY REALLY MEAN?

ADAPTABILITY

=

WILL TO CHANGE

+

RESILIENCE

+

FLEXIBILITY

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PART II WHAT ARE THE COMPONENTS OF 360 ADAPTABILITY?

**CHANGE
REQUIRES
ADAPTABILITY**



WILL TO CHANGE



FLEXIBILITY



RESILIENCE

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PART II

WHAT ARE THE COMPONENTS OF 360 ADAPTABILITY?

THREE TYPES OF FLEXIBILITY

COGNITIVE FLEXIBILITY

USE DIFFERENT THINKING STRATEGIES AND MENTAL FRAMEWORKS

EMOTIONAL FLEXIBILITY

VARY APPROACH TO DEALING WITH EMOTIONS

DISPOSITIONAL FLEXIBILITY

REMAIN OPTIMISTIC AND REALISTIC

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PART III HOW DO WE IMPLEMENT ALL THIS?

- **Adaptable and autonomous teachers**
- **Flexible and action-oriented students**
- **Organisation - well-assembled groups**
- **Open architecture course design**
- **Digital literacy**

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PART III

HOW DO WE IMPLEMENT ALL THIS?

Adaptable and autonomous teachers

- **Adapt to the changing external pressures**
- **Adjust their teaching to changing situations**
- **Accept changes as positive**
- **Revise lesson plans as necessary**
- **Consider other people's concerns during change**

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Adaptable and autonomous teachers

Self-reflection questionnaire

Consider your personal approach to change. How do you respond when facing change?

Do you:

- Accept the change as positive?
- See the change as an opportunity?
- Adapt plans as necessary?
- Quickly master new technology, vocabulary, operating rules?
- Lead the change by example?
- Take into account other people's concerns?
- Sort out your strengths and weaknesses fairly accurately?
- Admit personal mistakes, learn from them, and move on?
- Remain optimistic?

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